

FOR THE TABLE

Deviled Eggs	9
Pimento Cheese	9
Cheddar Biscuits (3)	6

HM3 Market Bowl

Quinoa, Japanese Rice or Spinach Base	21
Choose 3 toppings: Broccoli, Cucumber Salad, Japanese Sweet Potato, Mixed Greens, Sliced Tomato, Spinach, Bacon, Egg, Grilled Salmon, Hamburger Patty, Smoked Salmon, Turkey	
Avocado +3, Extra Protein +2	

EGGS

served with toast + herb salad

Soft Scramble <i>fresh cheese, chives, bacon bits</i>	18
Egg White Omelet <i>spinach, pecorino, black pepper</i>	18
3 Egg Omelet <i>NY state cheddar, avocado, thick cut bacon</i>	18
3 Eggs Any Style	16

BRUNCH

Wedge Salad <i>applewood bacon, blue cheese, sunny side egg</i>	17
Shakshuka <i>cilantro lime salsa, grilled sourdough</i>	18
Fall Vegetable Fricasee <i>grits, poached eggs</i>	18
Matcha Chia Seed Bowl <i>roasted squash, granola, agave nectar</i>	18
Biscuits & Gravy <i>sunny side egg</i>	20
Avocado Toast <i>NY state cheddar, poached eggs</i>	20
German Pancake <i>apple + pear compote, NY maple syrup</i>	19
House Cured Gravlox <i>everything bagel, all the fixings</i>	22
Cheeseburger <i>french fries</i>	19
Ham, Egg + Cheese Sandwich <i>grilled sourdough, french fries</i>	20
Steak + Eggs <i>au poivre, herb salad</i>	22
5 Sides <i>choose any 5 sides</i>	22

SIDES

French Fries	6	Quinoa	6	Thick Cut Bacon	7
Grits	6	Cucumber Salad	6	Applewood Bacon	7
Homefries	6	Herb Salad	6	Breakfast Sausage	7
Japanese Sweet Potato	6	Spinach	6	Sunny Egg	3
Mac 'n' Cheese	6	Sliced Avocado	6		
Grilled Broccoli	6	Watermelon	6		

Harold's